

Memo



To: Parents
Fr: Mrs. Deborah Hill
Ms. Barb Brown
Mr. Mike McCallum
Date: September 14, 2009

Each Tuesday and Thursday at lunch time (11:25-11:50) we will be holding practice for cross country running. Students should dress appropriately, wear socks and sneakers, and remember to bring their own water bottle (for both practice and meets).

There will be cross country meets held at various local schools and at the Blackville School. The meets are held after school on Wednesdays at 4:00 p.m. It will be the parent's responsibility to drive their child to and from the meets. We will inform you in advance of when and where the meets will be held. We will meet the students at each event.

Five Meets have been scheduled:

Meet #1 -

Wednesday, **September 16th** – Start time 4:00 PM
Location: **Gerald King Memorial Nelson**
Contact Person: Colleen Barry/ Wendy Baldwin

Meet #2 –

Wednesday, **September 23rd** – Start time 4:00 PM
Location: **St. Andrew's School**– England's Hollow
Contact Person: Colleen Barry

Meet #3 –

Wednesday, **September 30th**– Start time 4:00 PM
Location: **Blackville**
Contact Person: Rodney Buggie

Meet #4

Wednesday- October 7th- Start Time: 4:00 pm.
Location: **Croft Parking Lot**
Contact: Jamie Henderson

Meet #5 –**Fall Fun Run**

Wednesday, **October 14th** – Start time 4:00 PM
Location: **French Fort Cove**
Contact Person: Colleen Barry

Basic Format-

- There will be two classifications.(Open Girls – Grade 3-4-5 and Open Boys - Grade 3-4-5)
- **Races are approximately 1 Km**
- Awards:
 - Individual - Ribbons will be awarded for 1st through 10th place for each race
 - Team – 2 Trophies (1 for boys' event and 1 for girls' event) - The top 2 places from each race will be totaled to give your school's team total.