

# Mango KIDS FUN RUN



Dear Parents,

The Go For 42 marathon is almost here and we'd like to answer a few questions you may have about this event.

## What is "Go for 42"?

- It's a 5 week event that gives children the opportunity to complete their own marathon (42.2km).

## Who is "Go For 42" for?

- Our marathon is for children from Kindergarten to Grade 8.

## Why "Go For 42"?

- Health Canada recommends 60 minutes of daily physical activity for children. Our partners believe that, given the opportunity and encouragement, kids love to be active! Running or walking is an activity that almost everyone can do.

## When is "Go For 42"?

- We ask children to run or walk, at least the first 40 km, at school or at home, **between May 15 and June 16**. Then the children can participate in the **Mango Kids Fun Run on June 25**, to run the last 2.2 km.

## Where is the Mango Kids Fun Run?

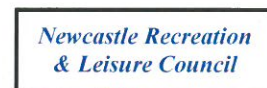
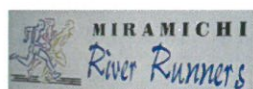
- At the **Lindon Recreation Center** on **Sunday June 25 at 11:00am**. **Registration MANDATORY between 10:00 – 10:45 a.m. on race day.**

If your child wishes to participate in the Mango Kids Fun Run, please complete the attached **pre-registration form** and send it to your child's teacher **before June 8<sup>th</sup>**. This will help make registration faster for your child on June 25<sup>th</sup>. It's **important to confirm** child's presence on June 25<sup>th</sup> even if you've pre-registered.

**Please Note:** Parents are responsible for their children's safety and are encouraged to run with the younger ones. The Miramichi Police will block the roads during the race and many volunteers (in yellow shirts) will be along the route for additional safety.

For more information: Viola Daigle: 627-7564 [Viola.Daigle@HorizonNB.Ca](mailto:Viola.Daigle@HorizonNB.Ca)  
Dwayne Matchett 778-6738 [Dwayne.Matchett@GNB.Ca](mailto:Dwayne.Matchett@GNB.Ca)  
Rock'n Run website: [www.runmiramichi.ca](http://www.runmiramichi.ca)

## Partners/sponsors of the Go for 42 program



# **Mango Kids' Fun Run**

Sunday June 25<sup>th</sup>, 2017

## **PRE- REGISTRATION FORM**

**Please return this form to the teacher by June 8<sup>th</sup>.**

You can still register on race-day, but it will go faster if you've pre-registered.

**IMPORTANT:** Child's presence needs to be confirmed on June 25th even if you've pre-registered.

Yes, I would like to register my child for the Mango Kids' Fun Run.

Child's name: \_\_\_\_\_ Grade: \_\_\_\_\_ School: \_\_\_\_\_

It is my understanding that even though every effort has been made to insure the safety of all children, (Miramichi Police Force, roads closed to circulation, volunteers along the route) my child's safety remains my responsibility.

Name of parent / guardian: \_\_\_\_\_ Telephone number: \_\_\_\_\_

Signature: \_\_\_\_\_ (parent/guardian)

As a parent / guardian, I would like to be a volunteer on the day of the run:      **Yes**      **No**

(If yes) Email: \_\_\_\_\_